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### **Ponad 260 uczestników VII Rodzinnego Biegu Po Zdrowie w Potęgowie**



02.06.2019

31 maja 2019 r. w ramach Dnia Dziecka i obchodów Dni Gminy Potęgowo pobiegliśmy w VII Rodzinnym Biegu Po Zdrowie na bieżni lekkoatletycznej przy Szkole Podstawowej w Potęgowie. W tym roku udało się pobić rekord frekwencji – w biegu wystartowało ponad 260 osób!

Najbardziej liczne kategorie, to Przedszkolaki (60 m), klasy 0 (250 m), I (250 m) , II (250- 300m), III (300 m) i IV (550 m). Po nich swoje zmagania na dystansie około 550 m zaczęli dziewczęta i chłopcy z klas V, VI, VII i VIII dziewcząt. Na koniec najdłuższy dystans około 800 m pokonali chłopcy klas VIII, gimnazjum, OPEN zaproszony gość druż. Paweł Kostecki (w pełnym ekwipunku strażackim).

Biegowe starty rozpoczęły się rozgrzewką przygotowaną przez dziewczęta klasy VIb ( Martynę, Klaudię i Julię ). Na mecie, na każdego uczestnika biegu, czekały pamiątkowe medale, soczek i cukierki. Po każdym starcie wręczano medale oraz dyplomy za 1, 2 i 3 miejsce w kategorii dziewczęta, chłopcy.

Wśród wszystkich uczestników, którzy ukończyli bieg rozlosowano nagrody sportowe lub wejściówki na trampoliny, do parku rozrywki Dżungla, Parku Wodnego w Redzikowie .

Wszystkie medale, słodczyce, napoje, nagrody sportowe zakupione zostały z funduszy UKS „Orion”, GOK Potęgowo, UKS „Feniks”, zaś bilety wstępu przekazane zostały przez Fundację Inicjatywa.

W międzyczasie dzieci mogły skorzystać z atrakcji przygotowanych przez pracowników GOK.

Dziękuję wszystkim obecnym i startującym rodzicom, uczniom z naszej szkoły, SP w Łupawie i Skórowie, Panu

Pawłowi Kosteckiemu oraz przybyłej na bieg młodzieży ponadgimnazjalnej! A także wszystkim, którzy pomogli mi przeprowadzić tą imprezę sportowo-rekreacyjną - Tamara Kaśnicka.

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[74] [https://potegowo.pl/sites/default/files/styles/media\\_gallery\\_large/public/img\\_2192.jpg?itok=KmayCVlv](https://potegowo.pl/sites/default/files/styles/media_gallery_large/public/img_2192.jpg?itok=KmayCVlv)

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[76] [https://potegowo.pl/sites/default/files/styles/media\\_gallery\\_large/public/img\\_2194.jpg?itok=-XAUdatw](https://potegowo.pl/sites/default/files/styles/media_gallery_large/public/img_2194.jpg?itok=-XAUdatw)

- [77] [https://potegowo.pl/sites/default/files/styles/media\\_gallery\\_large/public/img\\_2195.jpg?itok=EaHGSq8m](https://potegowo.pl/sites/default/files/styles/media_gallery_large/public/img_2195.jpg?itok=EaHGSq8m)
- [78] [https://potegowo.pl/sites/default/files/styles/media\\_gallery\\_large/public/img\\_2196\\_0.jpg?itok=W5R5q3ZP](https://potegowo.pl/sites/default/files/styles/media_gallery_large/public/img_2196_0.jpg?itok=W5R5q3ZP)
- [79] [https://potegowo.pl/sites/default/files/styles/media\\_gallery\\_large/public/img\\_2197.jpg?itok=iZhHd40](https://potegowo.pl/sites/default/files/styles/media_gallery_large/public/img_2197.jpg?itok=iZhHd40)